MILES RIVER YACHT CLUB

Welcomes you to the
2026 Log Canoe
Final Weekend
Higgins, Commodore's, Bartlett Cups
September 19th & 20th 2026

Sailing Instructions

1. **ELIGIBILITY**: Only Chesapeake Bay Log Sailing Canoes.

2. **ENTRIES**: All contestants must register with the Miles River Yacht Club (MRYC) Race Committee (RC) prior to that contestant's first race at MRYC for the 2026 racing season. Contestants may register online at http://www.regattanetwork.com/event/31175 prior to the Saturday races. ***A Skipper's meeting is scheduled at 8:30 on Saturday***. There is a $50.00 entrance fee.

3. **RACING RULES**: The regatta will be governed by *The Racing Rules of Sailing,* the prescriptions of US Sailing, as modified by CBYRA, except as any of these are changed by the sailing instructions, by the PRO at the skipper's meeting, or by these sailing instructions. Changes made at the skipper's meeting will be posted in writing immediately following the meeting Regatta Network.

COURSE: The course will be displayed at the Committee boat prior to the Warning Signal. It will consist of a sequence of letters, each indicating the next mark to round.

The letters will be displayed in red to leave the mark to port, in green to round to starboard, and black for the finish. (See attached

4. **SCHEDULE OF RACES:**

Race	Date	Warning Signal
Higgins	Sat Sept 13	1000
Commodore	Sat Sept 13	1400
Bartlett Cup	Sun Sept 14	1000

The Bartlett Cup shall be the only race on Sunday. The pursuit start will be explained in detail at the Skippers Meeting on Saturday morning

5. **START**: Signals will be at 5-minute intervals. Times shall be taken from the visual signals; failure of a sound signal shall be disregarded. Sequence and all communication will be broadcast on VHF 71. Signals will be as follows:

WARNING	**10 minutes**	**Yellow shape**	**sound**
PREP	**5 minutes**	**Blue shape**	**sound**
START	**0**	**Red shape**	**sound**

The starting line will be between the yellow flag on the committee boat and a yellow cylinder. Distance to the first mark will be established by GPS. There may be a barging buoy set aft of the Committee boat. Do not enter this area. No race will be started in less than 3 knots of wind. The decision to start a race shall be made by each skipper on his own responsibility. Competitors participate in the regatta entirely at their own risk.

6. **RECALLS**: Individual recalls will be signaled by Code Flag “X” and one blast of the horn. The committee will hail the sail number(s) of premature starters. Whether or not hail is heard, responsibility for starting properly rests with each skipper.

7. **GENERAL RECALL** will be signaled by display of Code Flag “First Substitute” and two guns. Warning signal will replace this signal one minute after it is lowered (one sound of horn will accompany the lowering of the signal).

8. **PENALTIES:** For mark and competitor infringements to the rules, a one penalty turn will be used to exonerate the guilty party. Refer to RRS 44.2 and substitute one turn wherever a two-turn penalty is mentioned. *If a competitor makes contact with the Committee boat and as a result of such contact, damage occurs to the Committee boat and/or injury is sustained by any of the Race Committee crew; the offending yacht shall retire immediately from that race. No penalty will be allowed. (This modifies RRS Rule 44)*

9. **FINISH:** The finish line will be between the yellow flag on the committee boat and the nearby mark of the course.

10. **TIME LIMIT:** The first boat must cross the finish line within the times listed below. The Race Committee may call the race sooner at its discretion:

2 ½ HOURS – when 2 races scheduled in day.
3 HOURS – when 1 race is scheduled for the day.

Any boat that finishes 45 minutes after the first boat has finished shall be scored as DNF.

A minimum of ONE hour shall be allowed between the time of the last place finisher and the warning signal for a succeeding race, unless there have been back-to-back races agreed upon beforehand.

11. **PROTESTS:** Red flag must be flown before and after announcement to the committee boat. Time limit for filing a written protest is 60 minutes after the committee boat returns to dock after the last race for the day. Time and location of the protest hearing will be posted on the official notice board. All protests shall be made in writing in a clear and comprehensive manner setting forth all details and names of witnesses. CBYRA protest forms can be found in the back of the Greenbook or in the MRYC office. All parties involved shall report to the designated protest area and remain easily available.

12. **SAFETY:** All canoes shall have a chase boat/tender with life jackets for all the crew. All canoes must have a life ring or throwable cushion with a rope. Any crewmember who cannot swim must wear a life jacket. It is the sole responsibility of the owner and/or skipper that these requirements are met.

13. **SCORING**: The low point scoring system described in RRS Appendix A will apply. A boat is considered registered for the 2024 season and will be scored in each race. If a boat does not compete in a regatta, she will be scored as DNC.

14. **TROPHIES**: The Trophy Award Ceremony is scheduled for approximately 4:00 pm on Sunday.

PLEASE REMEMBER – SHIRT AND SHOES ARE REQUIRED IN THE CLUBHOUSE