

Miles River Yacht Club

Welcomes you to the

2010 Higgins, Commodore, and Bartlett Cup Races

September 18th and 19th

SAILING INSTRUCTIONS



1. **ELIGIBILITY:** Only boats owned by members of the Chesapeake Bay Log Sailing Canoe Association (CBLSCA) are eligible.
2. **ENTRIES:** All contestants shall have a completed 2010 CBRYA registration form on file with the Miles River Yacht Club (MRYC) Race Committee (RC) prior to that contestant's first race at MRYC for the 2010 racing season. Contestants may register with the Miles River Yacht Club (MRYC) Race Committee (RC) on Saturday, September 18, 2010, between 8:30 and 9AM in the clubhouse. There is no entry fee. ***Skippers meeting is scheduled at 9:00 am on Saturday. There is no entry fee.***
3. **RACING RULES:** The regatta will be governed by *The Racing Rules of Sailing*, the prescriptions of US Sailing, as modified by CBYRA, the rules of CBLSCA, except as any of these are changed by the sailing instructions, by the PRO at the skipper's meeting, and by these sailing instructions. Changes made at skipper's meeting will be posted in writing immediately following the meeting on the official notice board in the clubhouse hallway.
4. **COURSE:** The course will be displayed at the Committee boat during the starting sequence. It will consist of a sequence of letters, each indicating the next mark to round. The letters will be displayed in red to round the mark to port, and in green to round to starboard. (See attached Log Canoe Course Sheet)
5. **SCHEDULE OF RACES:**

Race	Date	Warning Signal
Higgins	Sat Sept 18 th	1000
Commodore	Sat Sept 18 th	1400
Bartlett	Sun Sept 19 th	1000
Make up Race	Sun Sept 19 th	Back to back

6. **START:** Signals will be at 5-minute intervals. Times shall be taken from the visual signals; failure of a sound signal shall be disregarded. Signals will be as follows:

WARNING	10 minutes	Yellow shape	sound
PREP	5 minutes	Blue shape	sound
START	0	Red shape	sound

The starting line will be between the orange flag on the committee boat and a nearby Club or course mark. There may be a barging buoy set aft of the Committee boat. Do not enter this area. No race will be started in less than 3 knots of wind. The decision to start a race shall be made by each skipper on his own responsibility. Competitors participate in the regatta entirely at their own risk.

7. **RECALLS:** Individual recalls will be signaled by Code Flag "X" and one blast of the horn. The committee will hail the sail number(s) of premature starters. Whether or not hail is heard, responsibility for starting properly rests with each skipper.
8. **GENERAL RECALL** will be signaled by display of Code Flag "First Substitute" and two guns. Warning signal will replace this signal one minute after it is lowered (one sound of horn will accompany the lowering of the signal).



9. **PENALTIES:** For mark and competitor infringements to the rules, a one penalty turn will be used to exonerate the guilty party. Refer to RRS 44.2 and substitute a one turn wherever a two turn penalty is mentioned. *If a competitor makes contact with the Committee boat and as a result of such contact, damage occurs to the Committee boat and/or injury is sustained by any of the Race Committee crew, the offending yacht shall retire immediately from that race. No penalty will be allowed. (This modifies RRS Rule 44)*

10. **FINISH:** The finish line will be between the orange flag on the committee boat and the nearby mark, except for the Commodore's Cup. The Finish for the Commodore's Cup *may* be between the eastern most corner of the bulkhead at MRYC (Course mark "M") which will be marked with a nearby orange mark and committee boat.

11. **TIME LIMIT:** The first boat must cross the finish line within the times listed below. The Race Committee may call the race sooner at its discretion:

2 ½ HOURS if there are 2 races scheduled in day.

3 HOURS if 1 race is scheduled for the day.

Any boat that finishes 45 minutes after the first boat has finished shall be scored as DNF.

A minimum of ONE hour shall be allowed between the time of the last place finisher and the warning signal for a succeeding race, unless there have been back to back races agreed upon before hand.

12. **PROTESTS:** Red flag must be flown before and after announcement to the committee boat. All protests shall be filed with the MRYC within one hour of the last race for the day. Protests will be heard the same day. All protests shall be made in writing in a clear and comprehensive manner setting forth all details and names of witnesses. CBYRA protest forms can be found in the back of the Greenbook or in the MRYC office. All involved parties shall report to the designated protest area and remain easily available.

13. **SAFETY:** All canoes shall have a chaseboat/tender with life jackets for all the crew. All canoes must have a life ring or throwable cushion with a rope. Any crewmember who cannot swim must wear a life jacket. It is the sole responsibility of the owner and/or skipper that these requirements are met.

14. **SCORING:** The low point scoring system described in RRS Appendix A will apply. A boat is considered registered for the 2008 season and will be scored in each race. If a boat does not compete in a regatta, she will be scored as DNC.

15. **TROPHIES:** The Trophy Award Ceremony is scheduled for approximately 4:00 pm on Sunday.

SPECIAL SIGNALS:

16. CODE FLAG "**AP**": POSTPONED (Red and white vertical stripes) accompanied by two guns, one horn sound when lowered. All races not started are postponed. The warning signal will be made one minute after the signal is lowered.

17. CODE FLAG "**N**": ABANDONED (blue and white checkered) accompanied by three guns. All races that have started are abandoned. Return to starting area.

18. CODE FLAG "**N**" OVER "**H**" and three guns. All races are abandoned. Further signals ashore.

19. CODE FLAG "**S**": SHORTENED COURSE (white with blue square) accompanied by two guns. Shorten course finish between mark and orange flag on committee boat. Change of course, other than to shorten race, will **not** be done.

20. CODE FLAG "**L**": COME WITHIN HAIL (yellow and black squares) or FOLLOW ME

21. CODE FLAG "**M**": (blue with white X) round the vessel displaying this signal instead of the mark which it replaces.